

Term 4 week 3
14th-18th October

Breakfast 7am-8:15am (including cooked breakfast)
Afternoon tea 3pm - 3:15pm
Second afternoon tea 4:00pm - 4:30pm

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST MENU

WAFFLES



HAM CHEESE TOASTYS



SCRAMBLED EGGS ON TOAST



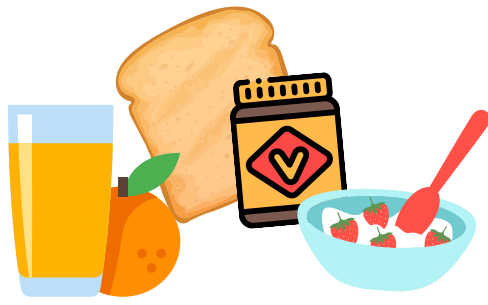
STRAWBERRY BANANA SMOOTHIES



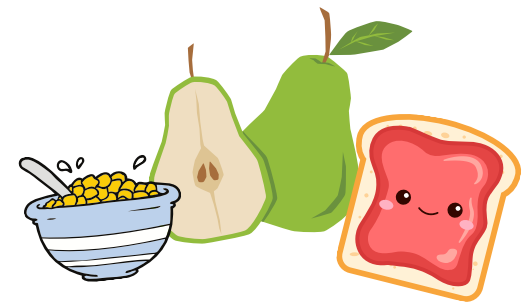
SPAGHETTI ON TOAST



Each day children will have breakfast options of:



Selection of toast & cereals
Fruit
Fruit juice
Yoghurt
(GF & DF, pork free and vegetarian alternatives available)



AFTERNOON TEA MENU

FRIED RICE



CHOC CHIP BANANA MUFFINS



CHICKEN MEATBALLS



APPLE PIE BITES



ASSORTED SANDWICHES



Each day children will have afternoon tea options of:

Fruit/Veg Platter: Children have the choice of a variety of fruit & vegetables (e.g. apples, oranges, pears, melon, carrots, cucumber, tomatoes, celery). Fruit/Veg can change depending on season & availability.
Daily Fruit/Veg will be displayed on the Daily Program Board

Dip & GF Crackers
(GF & DF, pork free and vegetarian alternatives available)

