

Breakfast 7am-8:15am (including cooked breakfast)

Afternoon tea 3pm - 3:15pm

Second afternoon tea 4:00pm - 4:30pm

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST MENU

BEANS ON TOAST



MIXED BERRY BANANA SMOOTHIE



BACON SCRAMBLE



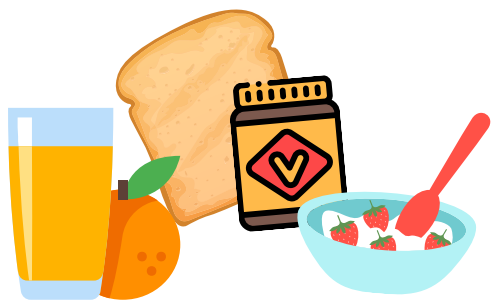
YOGURT PARFAIT



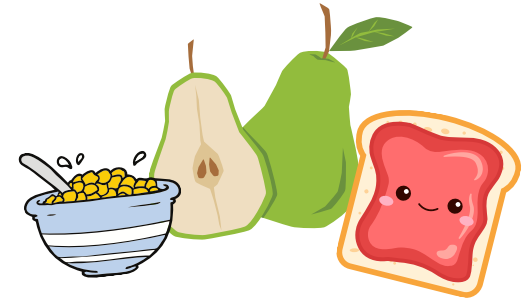
BREKKY TORTILLA POCKET



Each day children will have breakfast options of:



Selection of toast & cereals
Fruit
Fruit juice
Yoghurt
(GF & DF, pork free and vegetarian alternatives available)

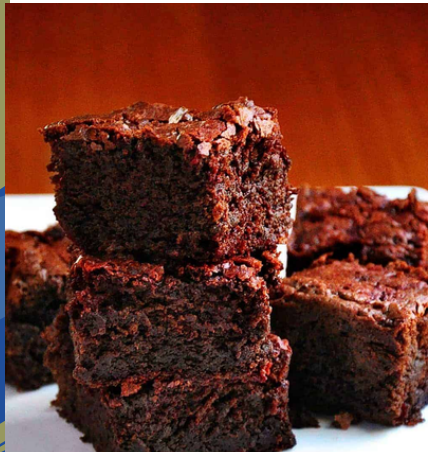


AFTERNOON TEA MENU

TUNA PASTA SALAD



CHOC BEETROOT BROWNIES



BEEF RISSOLES



FRUIT AND OAT COOKIES



CHICKEN RICE BOWLS



Each day children will have afternoon tea options of:

Fruit/Veg Platter: Children have the choice of a variety of fruit & vegetables (e.g. apples, oranges, pears, melon, carrots, cucumber, tomatoes, celery). Fruit/Veg can change depending on season & availability.

Daily Fruit/Veg will be displayed on the Daily Program Board

Dip & GF Crackers

(GF & DF, pork free and vegetarian alternatives available)

