

Breakfast 7am-8:15am (including cooked breakfast)

Afternoon tea 3pm - 3:15pm

Second afternoon tea 4:00pm - 4:30pm

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST MENU

VEGEMITE CHEESE TOASTY

STRAWBERRY BANANA SMOOTHIE

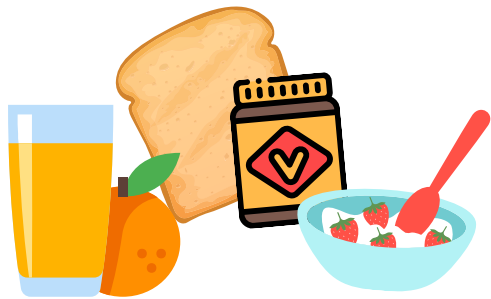
CHEESY OMELETTE

BANANA PANCAKE

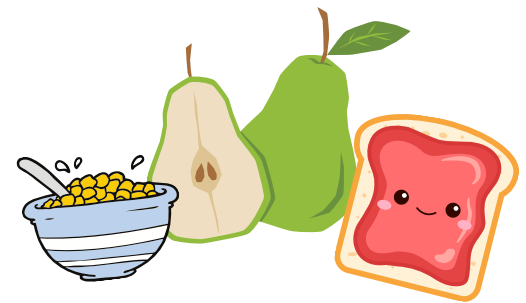
BREAKFAST SANDWICH



Each day children will have breakfast options of:



Selection of toast & cereals
Fruit
Fruit juice
Yoghurt
(GF & DF, pork free and vegetarian alternatives available)



AFTERNOON TEA MENU

BOLOGNESE

BACON VEG NOODLE BITES

CHOC ZUCCHINI MUFFINS

CHICKEN MEATBALLS

RICE BUBBLE SLICE



Each day children will have afternoon tea options of:

Fruit/Veg Platter: Children have the choice of a variety of fruit & vegetables (e.g. apples, oranges, pears, melon, carrots, cucumber, tomatoes, celery). Fruit/Veg can change depending on season & availability.

Daily Fruit/Veg will be displayed on the Daily Program Board

Dip & GF Crackers

(GF & DF, pork free and vegetarian alternatives available)

