

Term 4 week 10
2nd-6th december

Breakfast 7am-8:15am (including cooked breakfast)
Afternoon tea 3pm - 3:15pm
Second afternoon tea 4:00pm - 4:30pm

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST MENU

FRUIT SALAD



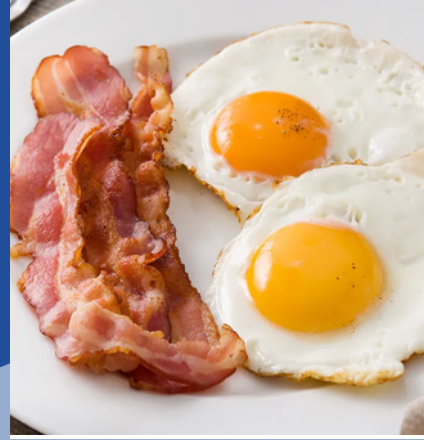
HAM AND CHEESE QUESADILLA



BERRY BANANA SMOOTHIE



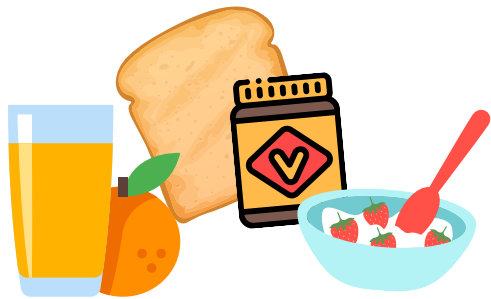
FRIED EGGS AND BACON



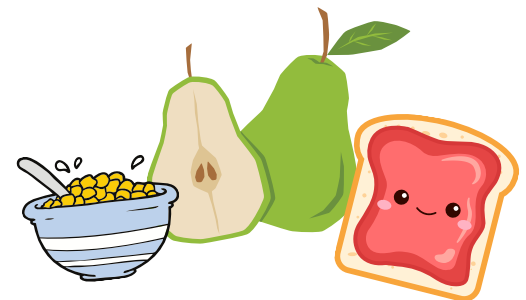
APPLE SAUCE PANCAKES



Each day children will have breakfast options of:



Selection of toast & cereals
Fruit
Fruit juice
Yoghurt
(GF & DF, pork free and vegetarian alternatives available)



AFTERNOON TEA MENU

ZUCCHINI VANILLA MUFFINS



PIZZA BITES



HIDDEN VEG CHOC CHIP COOKIES



CHICKEN PASTA SALAD



MINI SANDWICHES



Each day children will have afternoon tea options of:

Fruit/Veg Platter: Children have the choice of a variety of fruit & vegetables (e.g. apples, oranges, pears, melon, carrots, cucumber, tomatoes, celery). Fruit/Veg can change depending on season & availability.
Daily Fruit/Veg will be displayed on the Daily Program Board

Dip & GF Crackers
(GF & DF, pork free and vegetarian alternatives available)

